

The Hottest Treatment in
Skin Revitalization.



We are here to transform your skin
into its beautiful best.

PRACTICE INFORMATION

HALO™ BY SCITON®

Learn more at www.HALObySciton.com

The global leader in aesthetic laser technology.
Making the world more beautiful for over 20 years.



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HALO's outcomes are based
on the depth and density of
the treatment, taking into
account your skin concerns,
the health of your skin and
your individual healing ability.

halo™
HYBRID FRACTIONAL LASER



PATIENT
PRE & POST-CARE
INSTRUCTIONS

halo™
HYBRID FRACTIONAL LASER

CONGRATULATIONS...

you have decided to get
the HALO™ Glow and
say 'HALO Gorgeous!'

The Hottest Treatment
in Skin Revitalization



PATIENT PRE & POST-CARE INSTRUCTIONS



WATCH-OUTS

For general post-treatment discomfort, an over-the-counter oral pain reliever. If an anti-viral was prescribed, continue to take as directed.

Avoid scratching and itching, as scarring and pigmentation complications can occur as well as swelling. Consult your physician for recommended over-the-counter aftercare treatment.

WARNING: There may be some degree of swelling immediately post-treatment, however if you experience excessive swelling or any of the following signs of infection, you should contact the office immediately. Signs of infection include:

- Drainage – looks like pus
- Increased warmth at or around the treated area
- Fever
- Extreme itching

TIPS & TRICKS

- Use soft cloth and soft towels to avoid any scrubbing.
- Make-up can typically be worn once the peeling process is complete.
- Wear a wide-brimmed hat or protective clothing for 2 months post treatment to avoid blistering, scarring, hyper-pigmentation and hypopigmentation.
- When showering, avoid getting shampoo directly on the treated area.
- Avoid strenuous exercise and sweating until after skin has healed.

WHAT TO EXPECT & WHAT TO DO

FEELING OF WARMTH:

What to expect: The treated area may be extremely warm for 1-2 hours after the treatment. Warmth may continue for 12-24 hours after the treatment.

What to do: Cold compresses may provide comfort during this time. Also, a mineral water spray might provide some relief and much needed moisture to the skin.

REDNESS (ERYTHEMA):

What to expect: Redness is normal and expected. Redness generally increases in intensity for the first few days after treatment with day 3 usually being the most intense and can persist for up to 7 days depending on the intensity of the treatment.

What to do: Use gentle cleansers and keep your skin moisturized and out of the sun which will allow your skin time to heal and limit further stress on your skin.

MENDs:

What to expect: MENDs (microscopic epidermal necrotic debris) will appear on the 2nd or 3rd day after treatment as tiny dark spots and bronzed appearance to the treated skin.

What to do: MENDs are part of the healing process where treated tissue is working its way out of your body as new fresh skin is regenerated. During this time, your skin will be very dry and feel like sandpaper before flaking and peeling off. Keep your skin well moisturized to support the healing process. Do not pick at your skin.

POSSIBLE SIDE AFFECTS:

PINPOINT BLEEDING:

What to expect: Pinpoint bleeding may occur and could last for a few hours and up to 12 hours.

What to do: Dab with damp gauze.

SWELLING (EDEMA):

What to expect: Swelling is common and expected immediately after treatment.

What to do: Use of a cold compress will help to relieve the swelling. To avoid further swelling, you may choose to sleep in an upright position for 2-3 nights after the treatment. The first morning post treatment is when swelling is more prevalent, especially under the eyes. Swelling may last 2-4 days.

FIVE DAY HEALING GUIDE

DAILY PROGRESS	POSSIBLE SIDE AFFECTS	
DAY 1: * First 12 hours only 		
DAY 2: 		
DAY 3: 		
DAY 4: 		
DAY 5: 		

*Photos courtesy of Skin Rejuvenation Clinic.

SKIN CARE RECOMMENDATIONS

The HALO treatment is just one aspect of a well-rounded skin regime. Please see below for pre and post skin care recommendations.

PRE TREATMENT:

YOUR DOCTOR RECOMMENDS

CLEANSING:

Cleanse the skin two times a day with plain, lukewarm water and a gentle cleanser, beginning two times the morning after the treatment. Use your hands and gentle patting motions. DO NOT rub, scrub or use an exfoliant or skin care brush such as a Clarisonic on the treated area.

YOUR DOCTOR RECOMMENDS

MOISTURIZER:

Moisturizer should be applied generously with clean hands over treated area and reapplied whenever your skin feels dry. Do not apply any other products that were not instructed by your doctor - eg. essential oils, coconut oil, etc.

YOUR DOCTOR RECOMMENDS THESE PRODUCTS

SUNSCREEN:

Sunscreen is a MUST and should be used daily beginning the day after treatment and used consistently for up to 3 months post procedure. Use sunscreen with Broadband UVA and UVB protection and at least an SPF of 30. Ensure to reapply during sun exposure.

YOUR DOCTOR RECOMMENDS THESE PRODUCTS